



GEORGETOWN UNIVERSITY

**INSTITUTE FOR  
TRANSFORMATIONAL  
LEADERSHIP** at the  
School of Continuing Studies

## Health and Wellness Coaching Certificate Program 2024 Program Schedule

***Full attendance for each class session is mandatory to successfully complete this Certificate Program.***

Courses	Spring 2024 Cohort Dates (Modality - Hybrid)	Fall 2024 Cohort Dates (Modality - Hybrid)
1. Health & Wellness Coaching Fundamentals: Psychology of Behavior Change	March 6-8, 2024 <sup>^</sup>	September 11-13, 2024 <sup>^</sup>
2. Health & Wellness Coaching Skills I	April 11-12, 2024	October 10-11, 2024
3. Health & Wellness Coaching Skills II	May 9-10, 2024	November 7-8, 2024
4. Health & Wellness Advanced Frameworks	June 13-14, 2024	December 12-13, 2024
5. Health & Wellness Integration	July 18-19, 2024	January 16-17, 2025
6. Your Health & Wellness Coaching Practice	August 21-23, 2024 <sup>^</sup>	February 12-14, 2025 <sup>^</sup>
7. Health and Wellness Focus Topics	March 15, 2024 – August 21, 2024*	September 13, 2024 – February 12, 2025*
8. Health & Wellness Coaching Practicum	March 15, 2024 – October 4, 2024**	September 13, 2024 – March 28, 2025**
Application Submission Deadline	January 15, 2024	July 15, 2024

<sup>^</sup> Hybrid courses are delivered onsite at SCS Campus in Downtown, Washington, DC

\*Online webinar instruction

\*\*Training occurs within the first 6 class meetings